



4327 Barnett Road
Wichita Falls, Texas 76310

(940) 322-6953 Fax: (940) 767-9301
(940) 264-5500 Fax: (940) 264-5503

Barry B. Prestridge, MD, FACS
Cameron D. Godfrey, MD
Jerry E. Giles, MD
Jed J. Grisel, MD
Tammie Porta, FNP-BC
Pamela Z. Bender, AuD, CCC-A
Karen LaValley, AuD, CCC-A

Ear, Nose & Throat/Facial Cosmetic Surgery
Allergy Testing & Treatment
Audiology/Hearing Aids

Post-Op Wound Care Instructions

1. Keep head elevated as much as possible the next few hours.
2. Apply cold compresses to the area for the next few hours.
3. Clean the wound with Peroxide 2 times daily, apply antibiotic ointment.
4. You may shower and shampoo beginning tonight or tomorrow, unless instructed differently.