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Ear, Nose & Throat/Facial Cosmetic Surgery
Allergy Testing & Treatment
Audiology/Hearing Aids

Post-Op Blepharoplasty Instructions

1. Keep your head elevated overnight tonight and perhaps tomorrow night.
2. Keep ice-cold compresses on your eyes intermittently as much as possible for the next 24 hours. Use a washcloth dipped in a bowl of ice water.
3. Notify our office of any evidence of significant bleeding or swelling, any visual loss, or excessive pain.
4. Remove Steri-Strips tape tomorrow AM.
5. Clean wounds with peroxide on a Q-tip three or four times daily and apply a little ointment.
6. Take your pain medicine every 3-4 hours as needed.
7. You may resume your usual medicines except for those with aspirin.
8. Your follow up appointment is scheduled for _____. If you cannot keep your scheduled appointment, please call the office.