



4327 Barnett Road
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Ear, Nose & Throat/Facial Cosmetic Surgery
Allergy Testing & Treatment
Audiology/Hearing Aids

Postop Instructions for Ear Surgery

1. Call the office if discharge from the ear persists longer than 1 week or develops an odor.
2. **DO NOT BLOW YOUR NOSE** until seen for your 1st visit following surgery. Any accumulated secretion in the nose should be expectorated through the mouth to avoid infecting the ear.
3. Sneeze with your mouth open.
4. Bloody/watery drainage from the incision area may occur during the first ten days following surgery. If this happens, tape a piece of gauze behind the ear and call our office.
5. A full sensation with popping sounds may be noticed during the healing period. **THIS IS NORMAL.**
6. Keep water out of the ear until after your 1st postoperative appointment. Hair may be shampooed one (1) week following surgery, providing water does not enter the ear canal. This is avoided by putting a plug of cotton in the canal and applying Vaseline over the cotton.
7. Cotton may need to be changed 3 or more times per day.
8. If you have had surgery to improve your hearing do not be concerned regarding your hearing for a period of six to eight weeks following surgery. Your hearing will be evaluated at that time.
9. Should you develop a cold or become ill following your surgery, please notify your doctor.
10. Staples will be removed 10-12 days after surgery. Sutures are absorbable (unless otherwise indicated).



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- 11.** You may receive a prescription of ear drops-they are to be used 7 days prior to your 3 week appointment.
- 12.** Returning to work and driving vary from patient and procedure. Please call the office for specific instructions.
- 13.** Your postoperative appointment is_____. If you cannot keep your appointment, please call the office to reschedule.