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## Instructions after Myringotomy with Tubes

1. Your child may have anything he or she wants to eat or drink.
2. Tylenol or Advil/Motrin may be given every 3-4 hours if needed for discomfort.
3. Ear drainage for several days after surgery is normal. This drainage can be bloody, clear, green or yellow. By the end of the first week, most of the drainage should have resolved. You should notify us if drainage occurs for 2-3 days or longer after the first week.
4. It is ok to swim in clean pool water. If there will be exposure to large amounts of dirty water (submerging under lake or bath water), ear protection should be used. A small piece of cotton lubricated with Vaseline, or any other earplug, may be used. Your surgeon may give you specific advice regarding this.
5. Your surgeon may give you some drops to use for several days after surgery.
6. If you should have additional questions, please keep note of them so they may be answered at your child's next appointment or by calling us sooner.
7. Your follow up appointment is scheduled for \_\_\_\_\_. If you cannot keep that appointment, please call the office to change it.